

IMPORTANT MESSAGE FROM ADRIAN

PLEASE KEEP YOUR CHILD AT HOME – HOME IS THE SAFEST ENVIRONMENT

Dear Parents and Carers,

I wanted to follow up on my note from last week regarding the importance of us all following the government's clear message to '**Stay at Home to protect the NHS and to save lives**'.

Please do not send your child to school if they have either:

- **a high temperature** – of over 37.8 degrees – and if you don't have a thermometer, this means they feel hot to touch on their chest or back
- **a new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual)

If your child experiences either of the above symptoms, they must stay at home for 7 days. If someone in your household has symptoms, you must keep your child at home for 14 days. This starts from the moment they develop their symptoms.

For the latest information on the Coronavirus along with advice on symptoms and how to socially distance and self-isolate, please look at the NHS website.

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you are able to keep your child at home please do so but please let the office know as early as you can in the morning.

Thank you.



Adrian Carver
Executive Head Teacher