

Online safety in lockdown

Right now, children will be spending more time online. So here's some tips and advice to help you keep your children safe online during lockdown and beyond.

Step 1:

You need to be aware of:

What they see



Who they talk to



What they are doing?



Step 2:

Get to know what your child is watching on line?

Get reviews of the most popular apps, games and social media sites your children are using: for advice go to:

Net Aware <https://www.net-aware.org.uk/networks/>

Common sense media <https://www.commonsensemedia.org/>

Step 3:

Parental Controls - Manage your technology and use the settings available to keep your child safe. Parental controls are the names for a group of settings that put you in control of what content your child can see. Combined with privacy settings these can help you protect your children from the things they shouldn't see or experience online.

Go to <https://www.internetmatters.org/parental-controls/> to help you set up parental controls.

Step 4:

Support for children

Children can contact **Childline 24/7** by calling **0800 1111**, visiting **childline.org.uk** or downloading the 'For Me' app Whether they're worried about themselves or someone else,

Inappropriate behaviour can be reported to the **Child Exploitation and Online Protection Centre (CEOP)**, by visiting <https://www.ceop.police.uk/ceop-reporting>

If you need any further support please speak to your class teacher or Head of Site.